# Mobilizing Resentment to Create Systems of Oppression Using the Tools of Fear

| **Formula for Discussing Systems of Oppression** | **Some Common Prejudices** (Ideas / Beliefs) | **Forms of Discrimination In a Society** | **Arenas in which Power Struggles Take Place** | **Behaviors That Forge the Tools of Fear** (Actions / Acts) | **The Outcome of Passive or Active Aggression is Oppression** (Actions / Acts) |
|---|---|---|---|---|---|
| **Prejudice**<br>**+ Power**<br>**----------**<br>**= Oppression**<br><br>This simple formula allows us to discuss *interrelated* Systems of Oppression<br><br>(Oppression: as in being weighted down with a heavy burden)<br><br>**>>>>>>>>>>>>>>>>>>**<br>Specific prejudices and/or bigoted ideologies are listed in the next column | **Xenophobia**<br>**Nativism**<br>**Ethnocentrism**<br>**Islamophobia**<br>**Antisemitism**<br>**Racism**<br>**Sexism**<br>**Homophobia**<br>**Ableism**<br>**Body Size/Form**<br>**Classism**<br>**Ageism**<br><br>**Religious Triumphalism**<br><br>**Racial Nationalism**<br><br>(and many more)<br><br>----------<br>Note: Prejudice involves Dualism (dividing the world into a good "Us" versus a bad "Them") in a process called "Othering." | **Individual/Interpersonal**<br>i.e. person to person<br><br>**Structural** (*Defacto*)<br>i.e. within kinship, family, and/or societal structures.<br><br>**Legal** (*Dejure*)<br>i.e. through Courts, Police, Parole officers, FBI, etc.<br><br>**Institutional** (*Defacto*)<br>i.e. Fox News, Tea Parties, John Birch Society, Heritage Foundation, Free Congress Foundation, etc.<br><br>**Systemic** (*Defacto*)<br>Within political or economic systems, social democracy, fascism, capitalism, socialism, etc.<br><br>----------<br><br>These can occur singly or in combinations. | **Social**<br>**Cultural**<br>**Economic**<br>**Political**<br><br>Unfair power & privilege maintained by social, cultural, economic, or political pressures (through norms and values) create systems of oppression or even acts of repression.<br><br>These include violence and murder by civilians or state agents acting singly, in groups, or in large mobs.<br><br>In the most extreme forms these power struggles, (especially over food, water, economic resources, or land) can lead to genocide.<br><br>**Social & Political Movements** are constantly interacting with the mass media in a variety of ways that are usually central to these power struggles | **Prejudice**<br>**Bigotry**<br>**Discrimination**<br>**Dualism**<br>**Denigration**<br>**Scapegoating**<br>**Vilification**<br>**Demagoguery**<br>**Conspiracism**<br>**Dehumanization**<br>**Demonization**<br><br>These processes are based on *ideas*, and can produce *acts* of Passive or Active Aggression ranging from snubs and verbal slurs to physical violence.<br><br>**Mass Media**: the printing press, telegraph, radio, television, the Internet, and social media, each expanded the reach of those engaged in mobilizing resentment and generating acts of mass aggression. | **Discrimination**<br>**Segregation**<br>**Exclusion**<br>**Individual Attacks**<br>**Group Attacks**<br>**Slavery**<br>**Expulsion**<br>**Genocide**<br><br>**Apocalyptic Aggression** is action sparked by fear of an existential threat--time is running out to protect the deserving community; thus authoritarian, coercive, or violent solutions are justified.<br><br>**Conspiracist Theories** are apocalyptic claims of subversion and treachery spread by demagogues who name scapegoated groups, thus identifying individual targets for abuse and/or violence.<br><br>Read More:<br>**Heroes Know Which Villains to Kill: How Coded Rhetoric Incites Scripted Violence**<br>https://www.academia.edu/26640115/ |

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*Defacto*: Existing in fact, measurable. *Dejure:* Existing in codified laws, prosecutable.
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